



IH Cape Town Homestay



www.ihcapetown.com



**International
House**
Cape Town

Ideal homestay accommodation in Cape Town

This choice of accommodation is perfect for students who want to experience the South African culture while learning English. Students are accommodated in a comfortable room, either on their own or sharing with a friend. Our students are carefully matched with a family, which is why we ask for our students to send us as much information about themselves as possible.

- Bed and breakfast (B&B)
- Dinner, bed and breakfast (half board)
- Standard-sized bed with a weekly change of bed linen
- Wardrobe space
- Work/study area
- Wi-Fi (selected families at extra cost)
- House keys

Everything you need is right on your doorstep, within walking distance to restaurants, shops and all main transport terminals.



TV



Clean



Furnished



Secure

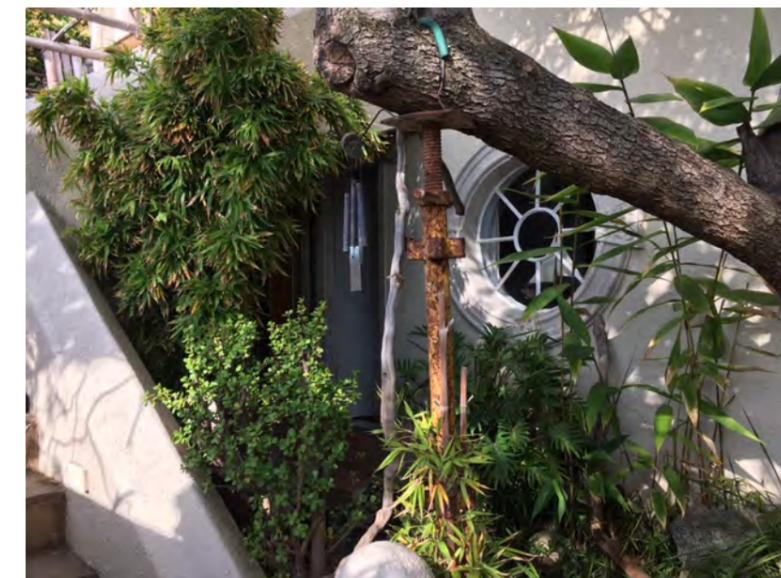


Sea Point/ Green Point Attractions

Ideally situated for you to take advantage of the City's attractions;

- Take a walk along the seaside promenade that runs along the coast.
- Go for a swim at the Sea Point Pavilion, an outdoor swimming pool next to the ocean.
- Relax on the beautiful Milton Beach.
- Go for breakfast or lunch at the Atlantic Express, a restaurant in an old train carriage.
- Visit the V&A Waterfront
- Go for a walk in Green Point Park and see the football stadium

Or visit one of the numerous bars, nightclubs or restaurants in Main Road and Regent Road, all within walking distance of your accommodation.



Please read before travelling

South African people are known for their hospitality, and our host families particularly enjoy meeting people from around the world and making students feel part of the family. Make yourself at home in their home, but please also respect the family and their routines and habits. Read this information in order to know what to expect from your host family and what your host family will expect from you. Follow these guidelines in order to benefit the most from your stay.

Meals

Food in South Africa may be very different from food in your country. Your host family will serve South African food. If there is something which you do not like, and never eat, tell your family. Be adventurous and try new things. South Africans enjoy barbecues (braai's) in summer. As we have many cultures in South Africa, the food can be quite varied depending on your host family's culture. Families generally do not allow students to cook.

Breakfast

Breakfast is a light meal - fruit juice, cereal, bread/toast, jam, tea or coffee. Most host families work, which means they eat breakfast early. If you do not want to eat breakfast early, ask your host family where the cereal or bread is kept and prepare your own breakfast a bit later. Remember to check with your family how the appliances work before you use them.

Lunch

Your host family does not provide you with lunch. If you wish to take your own lunch to school, ask your host family if you can store it in the fridge or in a separate cupboard in the kitchen. Do not keep food in your room as it may attract insects. There are shops within walking distance of the schools where you can buy food. Sandwiches and light meals are also sold at the school.

Dinner

Dinner is a more substantial cooked meal, where the family sit down together, and may be eaten anytime between 6 pm and 8 pm, depending on the particular family's routine. Use this time to practise your English. Try to be home as often as possible for dinner.

Missed Meals

Inform your family well in advance if you will not be home for dinner.

You will not be compensated for any missed meals at your host family. If you choose not to eat with your host family, you will not be refunded this money. You may not substitute meals either, e.g. have lunch instead of dinner.

Useful to know

Transport

Our families are either in walking distance to the school or you can go to school by public transport. A My Citi bus station will always be in easy walking distance. Uber has also become a very popular form of transport in Cape Town.

Laundry

Laundry may either be done at the host family at an extra charge, or at a commercial laundry. The host family will arrange this with you directly.

Water & Electricity

South Africa is a water- and energy scarce country. Please do not waste water, especially when showering, and please help save electricity.

Room and Bathroom

Your linen and towels will be changed and cleaned once a week by the host family, but it is up to you to keep your room neat and tidy. If you need to share a bathroom with the family, remember it is polite to leave the bathroom the way you found it. Have some consideration for the other people in the house and do not take too long in the bathroom.

Absence

If you are going out, or will not be home for dinner, tell your family well in advance. Also let them know where you are going and the time you expect to be back. Never stay out late at night without informing your family. It is always a good idea to take down your host family's telephone number and give them your cellphone number so that they can call you should there be a problem.

Be open minded

Cape Town is a melting pot of people from all over the world, with different cultural backgrounds, different races and religious beliefs, age groups, and family-structures.

We try hard to find the best possible match between family and guest, but it is very important for all parties to remain open-minded. Matching all criteria perfectly, in this setting, is unrealistic.

We therefore ask you to remain open minded and respectful toward your family in all regards. Sometimes, the first few days can be difficult with many new impressions, different ways of doing things, different food, etc. but give yourself a chance to get used to things, and you will see that after the first week it will become much easier for you.

Most often, our students become good friends with their host families by the time they leave, and many have developed life-long friendships.

Emergencies

Call 107 from a landline in Cape Town for all emergencies. Give the operator your name, address and what the emergency is.

If you are not entirely satisfied

Talk to your family first. If there is anything they are not getting right, please give them a chance to correct it. If talking doesn't fix the problem or you find it difficult to talk to them, please approach reception or our administrator.

The administrator will find the right way to address the issue, or will mediate between both parties. The administrator will discuss the possibility of changing family.

If you are still not entirely satisfied, a meeting with the General Manager can be arranged. Should you feel that your complaint has not been taken care of, you can also contact your agent.



Important

- Please check with your host family:
 - Visits by friends.
 - Use of the telephone and the Wi-Fi and laundry facilities.
 - If you come home late.
 - Dinner times.
- Respect the family and their routines and habits.
- You are allowed to come and go as you please but please bear in mind that you are staying with other people and need to be polite.
- Remember to ask your family about the rules of the house (telephone and computer usage, playing of music, watching TV, meal times, alarm codes, etc).
- Always let your family know where you are going and how late you will be home. Take down their telephone number and give them your number in case of an emergency.
- Communicate your thoughts, likes and dislikes with your host family. This will help you with your English as well as open the lines of communication between you and your hosts.
- Do not smoke in a nonsmoking household unless the family says it is okay.
- You may not have an overnight guest.
- If you come home late, be mindful of the other people in the house. Come in quietly and do not disturb the other people in the house.
- Be independent. Organise your own tours and excursions or join the school's social programme.
- If you have a concern about your homestay accommodation, it is always best to discuss this with your host family first. Host families are open to discussion and might not even know it is a problem for you. So before a small problem becomes a big problem speak, to your family and try to come to an agreement. If you are still unhappy with your accommodation, please discuss it with the administrator at the school.

Contact Us

Host families are conveniently located in Sea Point or Green Point near the school, main public transport terminals, shopping malls, restaurants and major tourist attractions.

International House Cape Town

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Shopping
Mall



Bus
Station



Restaurants &
Bars

